



**BLUFFERS**  
RESTAURANT & EVENT CENTRE

GREEK MEDITERRANEAN

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# MENU

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[WWW.BLUFFERSRESTAURANT.CA](http://WWW.BLUFFERSRESTAURANT.CA)

Prices subject to change without notice.



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## **APPETIZERS**

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### **Fish Cakes**

Golden Panko Crusted Cake, Coleslaw, Tarter Sauce

**\$24**

### **Grilled Vegetable Plate**

Eggplant, Fennel, Red Onions, Zucchini Peppers, Hummus,  
Pita Chips, Balsamic Drizzle

**\$22**

### **Spinach Feta Dip with Dill**

Salty Feta, Tangy Dill with Grilled Pita

**\$22**

### **Shrimp Cocktail**

Poached Shrimp, House Cocktail Sauce

**\$24**

### **Golden Crisp Calamari**

Coleslaw, Roasted Garlic, Lime Aioli, Lemon

**\$25**

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## **APPETIZERS**

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### **Traditional Greek Dips**

#### **Taramosalata**

Greek Style Cavier, Freshly Squeezed Lemon Juice,  
Shallots, Extra Virgin Olive Oil

**\$10**

#### **Melitzanosalata**

Fire Roasted Eggplant, Puréed with Roasted Garlic,  
Fresh Herbs, Extra Virgin Olive Oil

**\$12**

#### **Tirokafteri**

Tangy Greek Feta Puréed with Greek Spices  
and Roasted Hot Peppers

**\$12**

#### **Platter with all Three Dips**

Taramosalata, Melitzanosalata, Tirokafteri

**\$25**

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All dips served with olives, pita chips, extra virgin olive oil



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## **APPETIZERS**

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### **Greek Cold Plate**

Assortment of Olives, mini Beets, Grilled Peppers, Grilled Eggplant, Sardines, Anchovies, Pickled Octopus, Feta Cheese, Tzatziki, Pita Bread drizzled with Extra Virgin Olive Oil

**\$22**

### **Shrimp Saganaki**

Shrimp cooked in Rich and Spicy Tomato Sauce with Ouzo and Feta Cheese

**\$19**

### **Grilled Calamari**

Spicy Caper Vinaigrette, House Slaw and Lemon

**\$25**

## **SALADS**

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### **Greek Salad**

**\$16**

### **Cesar Salad**

**\$14**

### **Garden Salad**

**\$14**

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## MAINS

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### **Branzino**

Rapini, Roasted mini Red Potatoes

**\$31**

### **Pan Seared White Sea Bream**

Rapini, Roasted mini Red Potatoes

**\$29**

### **Pan Seared Atlantic Salmon**

Roasted Red Pepper Sauce, Roasted mini Red Potatoes,  
Medley of Veggies

**\$29**

### **Grilled Octopus**

Chili Lemon, Green Olives Vinaigrette, Rapini,  
Roasted mini Red Potatoes

**\$27**

### **Pan Seared Red Snapper**

Rapini, Roasted mini Red Potatoes

**\$40**

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## **MAINS**

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### **Mussels**

Tomatoes, Shallots, Garlic, White Wine, Kalamata Olives,  
Broth Crusty Bread  
**\$19**

### **10 Oz Striploin**

Shallots, Roasted Garlic Butter, Mix Veggies, mini Red Potatoes,  
Herb Jus  
**\$32**

### **Lamb Chops**

Mix Veggies, mini Red Potatoes or Goat cheese Mashed Potatoes  
**\$31**

### **Chicken Supreme**

Roasted mini Red Potatoes, Mushroom Sauce  
**\$28**

### **Pork or Chicken Souvlaki**

Pork or Chicken Marinated and Grilled,  
Rice Pilaf, Roasted Potatoes  
**\$24**

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## MAINS

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### **Pan Seared Baby Beef Liver**

Caramalized Onions, Rapini, Mashed Potatoes

\$23

### **Surf and Turf**

8 Oz Tenderloin 6 Oz Lobster Tail, Mix Veggies,  
mini Roasted Potatoes, Garlic Butter

\$60

### **Mixed Seafood Bowl**

Mussels, Scallops, Shrimp, Lobster, Squid in a seafood Broth

\$58

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## **PASTAS**

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### **Creamy Lobster Linguine**

Butter Poached Lobster, in a Rich Cream Sauce  
with Fresh Herbs

**\$29**

### **Spaghetti Bolognese**

Tomato based Sauce, Ground Beef, Shallots, Red Wine,  
Fresh Herbs

**\$25**

### **Penne with Roasted Vegetables in Pesto Sauce**

Roasted Eggplant, Zucchini, Peppers, Red Onion,  
in a Pesto Sauce

**\$23**

### **Linguine with Mixed Seafood, in Cream Sauce**

Clams, Calamari, Shrimp, Mussels, Lobster

**\$31**

### **Chicken Alfredo**

Tender Chicken, Butter, White Wine,  
Parmesan Cheese in a Rich Cream Sauce

**\$26**

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All pasta dishes served with garlic bread and ceasar salad.





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## KIDS MENU

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### Chicken Tenders

\$11.99

### Fish & Chips

\$12.99

### Grilled Cheese Sandwich

\$9.99

### Hotdog

Roasted mini Red Potatoes, Mushroom Sauce

\$28

### SIDES:

Fries

Potato Chips

Salad

Onion Rings

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## PLATTERS

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### **Mediterranean Grilled Meat Platter**

A combination of Grilled Lamb Chops, Grilled Rib Steak, Grilled Chicken Souvlaki, Grilled Pork Souvlaki, Basmati Rice, Grilled Eggplant, Peppers, Mixed Olives, Feta Cheese, Hummus, Tzatzik and Pita Bread

**\$140**

### **Mediterranean Grilled Seafood Platter**

Combination of Grilled Octopus, Grilled Squid, Grilled Shrimp, Grilled Whole Sea Bream, Basmati Rice, Grilled Eggplant, Peppers, Mixed Olives, Feta Cheese, Garlic Butter, Hummus, Tzatzik and Pita Bread

**\$160**

### **Grilled Mediterranean Vegetable Platter**

A combination of Grilled Peppers, Grilled Zucchini, Grilled Fennel, Basmati Rice, Mixed Olives, Feta, Cheese, Hummus, Tzatziki and Pita Bread

**\$110**

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All platters serve 4-6 people

**WWW.BLUFFERSRESTAURANT.CA**

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## RESERVATIONS:

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